



Welcome to WPCM Services

Independent Advocacy, Support and Recovery Services

Here at WPCM, we understand that experiencing child abuse can have a major impact on all aspects of a person's life. We also understand that you **MUST** have complete control of any assistance offered, so our service is led by you, you choose what help and support you want – and we make it happen.

WPCM Services is an independent company set up by two individuals who believe passionately that everyone has the power to recover **if** they are offered the right help and support to suit them. Everyone is different and unique and we believe everyone deserves a different and unique service tailored just for their needs.

WPCM aims to provide survivors of childhood abuse (and their families where appropriate) a safe and supportive environment in which to discuss and develop their vision for themselves in their future. We then work collaboratively **with** you to support you in your recovery and re-establishing the life you deserve to have.

We offer a wide range of support from very practical help to psychological services; have a look at the list below and tick any that apply to you – we're here to help with as much or as little as you need or want at this time.

We can offer support or assistance with:

- Housing issues or concerns
- Understanding benefits that you may be entitled to and help to claim
- Drug or alcohol problems
- Help return to education
- Help get into or return to work
- Specialist psychological support or therapy
- Anything else we haven't mentioned: _____

How does the service work?

If you decide you would like to talk to us to find out more about our service, we will arrange for one of our trained Support Case Managers to call you for an initial discussion about what help you would like from us and about the services we can offer you. If you like what you hear, and feel you can trust the person you are talking to, then with your agreement they will arrange to come and meet you in person.



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At that meeting they will talk with you in more depth about the issues and concerns you are facing. If you agree to meet in person you will also agree on a location that you feel comfortable with. The discussion and pace of it is set by you. Your Support Case Manager may need to meet you on a few occasions so you have plenty of time to get to know them and to discuss your situation with them. Once you both feel that they have a really good understanding of what help and support you require they will draw up a plan with you on how they can best support you with the issues you want to address.

We work closely with **The Survivors Trust**, an umbrella agency for specialist sexual violence and abuse support services with 130-member agencies across the UK, who provide specialist counselling and therapy along with a range of other support services for women, men, young people and children affected by sexual abuse. We also have close links with **NAPAC (National Association of People Abused in Childhood)**.

We also have working relationships with a number of charities and others organisations that can offer ongoing help and support and we will sign post you to those that are most suitable for you.

We are completely independent and our sole aim is to help you get your life back and get on the road to recovery in a way that puts you in control of your life and your future. We look forward to supporting you on that journey.

If you would like to talk to us about the service or your circumstances, then please call us and ask to speak to either Mark or Helen on: 01206 878175.

We look forward to the opportunity to make a difference to your life!

Helen Merfield & Mark Willis
Directors of **WPCM Services**